

# Seared

D I N I N G

## MAIN MENU

MONDAY TO FRIDAY 5 PM TO 8.30 PM  
WEEKENDS 12 PM TO 2.30 PM & 5 PM TO 8.30 PM

### SNACKS AND STARTERS

	M	NM
<b>BOWL OF FRIES</b> (V) (GF)	\$7	\$8
Served with aioli		
Add cheese \$2 (V) (GF)		
Add curry sauce \$2 (V)		
<b>DUBLIN FRIES</b> (GF)	\$11	\$13
Fries loaded with bacon and cheese		
<b>POTATO WEDGES</b> (V)	\$11	\$12
Served with sweet chilli and sour cream		
<b>GARLIC BREAD</b> (V)	\$7	\$8
Add cheese \$2		
<b>GARLIC PIZZA BREAD</b> (V)	\$9	\$10
<b>LEMON PEPPER CALAMARI</b> (GF)	\$13	\$14
Served with fresh lemon and aioli		
<b>CHEESY MOZZARELLA STICKS</b> (V)	\$13	\$14
Served with spiced tomato chutney		
<b>VEGETABLE SPRING ROLLS</b> (V)	\$12	\$13
Served with sweet chilli sauce		
<b>SWEET POTATO FRIES</b> (V)	\$11	\$12
Served with aioli		

### SIGNATURE MAINS

	M	NM
<b>BEEF AND GUINNESS PIE</b>	\$26	\$28
With mash potato, mushy peas and gravy		
<b>IRISH LAMB STEW</b> (GF)	\$25	\$27
With mash potato		
<b>BACON AND CABBAGE</b> (GF)	\$25	\$27
With mash potato and parsley sauce		
<b>MCDONNELLS CHICKEN CURRY</b>	\$25	\$27
With steamed rice and fries		
<b>SHAY'S BANGERS AND MASH</b>	\$25	\$27
With colcannon mash, onion and thyme gravy		
<b>MAGNERS CIDER BRAISED PORK BELLY</b> (GF)	\$30	\$32
With colcannon mash, roast brussel sprouts and brandy jus		
<b>HAND MADE GNOCCHI</b> (V) (GF)	\$28	\$30
Sauteed with olives, roasted capsicum, red onions, basil, napolitana sauce and parmesan		
<b>CHILLI PRAWN AND CHORIZO LINGUINE</b>	\$29	\$32
Cooked in a white wine and napolitana sauce and finished with parmesan		

A 10% surcharge applies on Public holidays

### FROM THE GRILL

All served with fries and salad or mash and vegetables

	M	NM
<b>CHAR-GRILLED RUMP (300G)</b> (GF)	\$30	\$32
Waternvale grass fed beef		
<b>CHAR-GRILLED SCOTCH FILLET (300G)</b> (GF)	\$37	\$39
Waternvale grass fed beef		
<b>PORTUGUESE CHICKEN BREAST</b> (GF)	\$27	\$29
Charred lime, South American peri peri sauce		
<b>GRILLED BARRAMUNDI</b> (GF)	\$25	\$27
Finished in garlic butter with tartare and lemon		
<b>ATLANTIC SALMON</b> (GF)	\$32	\$34
Pan seared with a crispy skin		

### BISTRO CLASSICS

	M	NM
<b>CHICKEN SCHNITZEL</b>	\$23	\$25
With fries and salad or mash and vegetables		
<b>CHICKEN PARMY</b>	\$25	\$27
With fries and salad or mash and vegetables		
<b>IRISH BACON PARMY</b>	\$26	\$28
Topped with curry sauce and served with fries and salad or mash and vegetables		
<b>ROAST PUMPKIN SALAD</b> (V) (GF)	\$17.5	\$19
With rocket, feta, sundried tomatoes, pine nuts, quinoa, caramelised onion		
<b>ASIAN CHICKEN SALAD</b> (GF)	\$21	\$23
Vermicelli noodles and shredded chicken mixed with fresh vegetables, herbs and bean sprouts in a zesty South East Asian dressing		
<b>CLUB CAESAR</b> (GF)	\$17.5	\$19
Crispy bacon, cos lettuce, croutons, parmesan, egg, Caesar dressing		
<b>BATTERED FLATHEAD FILLETS</b>	\$24	\$26
With fries and salad or mash and vegetables, tartare and lemon		
<b>LEMON PEPPER CALAMARI</b> (GF)	\$23	\$25
With fries, salad, aioli and lemon		
<b>PENNE BOLOGNAISE</b>	\$24	\$26
Slow cooked beef in a rich tomato, red wine and herb sauce		
<b>SEARED SIGNATURE STEAK SANDWICH</b>	\$24	\$26
Char-grilled scotch fillet, slow roasted tomatoes, swiss cheese, caramelised onion, rocket, BBQ sauce and aioli, with fries		

<b>GRAVY / SAUCES</b>	\$2.5
Plain, Mushroom, Diane, Pepper, Aioli (All GF) Curry sauce	
<b>ADD CHICKEN, PRAWNS OR CHORIZO</b>	\$7


(V) Vegetarian (GF) Gluten Free (GFO) Gluten Free Option

## BURGERS




	M	NM
<b>GAELS CHEESEBURGER</b>	\$20	\$22
Beef patty, American cheese, house pickles, ketchup and mustard, with fries		
<b>SHAMROCK BEEF BURGER</b>	\$22	\$24
Beef patty, American cheese, lettuce, tomato, onion, beetroot relish, BBQ sauce and aioli, with fries		
<b>PORTUGUESE CHICKEN BURGER</b>	\$22	\$24
Grilled chicken, cheese, lettuce, tomato, onion and mayo, with fries		
<b>VEGGIE BURGER</b> 	\$22	\$24
Beetroot and quinoa patty, rocket, tomato, onion, beetroot relish and vegan mayo, with fries		

## WEE ONES

12 years & under.  
Comes with ice cream and topping

	M	NM
<b>CHICKEN NUGGETS</b>	\$12	\$13
With fries and salad		
<b>PENNE NAPOLITANA</b> 	\$12	\$13
With fresh parmesan		
<b>PENNE BOLOGNAISE</b>	\$12	\$13
With fresh parmesan		
<b>BATTERED FISH</b>	\$12	\$13
With fries and salad		
<b>CHEESEBURGER</b>	\$12	\$13
With fries		

## DESSERTS

	M	NM
<b>CHEF'S FAMOUS STICKY DATE PUDDING</b>	\$13	\$14
Homemade with toffee sauce and ice cream		
<b>APPLE AND RHUBARB CRUMBLE</b> 	\$13	\$14
With vanilla bean ice cream		
<b>PAVLOVA</b> 	\$13	\$14
With summer fruits, whipped cream, passionfruit coulis		
<b>ULTIMATE CHOCOLATE SUNDAE</b> 	\$13	\$14
Double ice-cream scoop, chocolate fudge sauce, whipped cream, strawberries, wafers		

## SIDES

	M	NM
<b>GARDEN SALAD</b>	\$7	\$8
<b>STEAMED VEGETABLES</b>	\$7	\$8
<b>CREAMY MASH POTATO</b>	\$7	\$8
<b>COLCANNON MASH</b>	\$9	\$10
<b>ONION RINGS</b>	\$7	\$8

-  Vegetarian
-  Gluten Free
-  Gluten Free Option

WHY NOT FINISH OFF WITH A BARISTA MADE

## TEA OR COFFEE

CUP \$4.5 | MUG \$5.5

A 10% surcharge applies on Public holidays

## THANKS FOR YOUR SUPPORT

Please give us a  LIKE /  FOLLOW US on

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Located in Penrith Gaels Club  
75 Richmond Rd, Kingswood 2747